

General Meeting Topic

This month we will be exchanging sweets and treats. If you would like to participate in the exchange, sign up by November 1st!



When and where:
November 8th
10:30 - 12:30
Aichi International Association.

Guests:
Guests and children are welcome.
Guest fee is 500 yen

Address:
2 Chome-6-1 Sannomaru,
Naka Ward, Nagoya,
Aichi 460-0001

Parking is available, but limited at AIA, street parking is available near by.

Subway Station Nagoyajo Exit 5



Member Spotlight

Hi, I'm
Natalie Linden,
originally from
Scotland



and moved to Nagoya in August.

Before Japan I lived in Ankara, Turkey for 5 years.

My passions are yoga and movement, food and nutrition and travelling.

I'm a yoga teacher and and will be starting some classes in my home studio soon.

I'm excited about trying the Turkish cooking class (I love Turkish food! Gözleme please 🙏) and perhaps joining Restaurant Hunters to try some Japanese delicacies.

I'm also looking forward to exploring Japan on the day trips and trying some traditional crafts like Kimekomi and Yamato-e.

NOVEMBER CCEA Autumn Day Trip!

November is the perfect month to get out into the autumn air! We have a wonderful day trip to Inuyama planned for us. It includes a visit to the castle, Japanese gardens and lunch. We also have the pleasure of an English speaking guide to accompany us. Check your email for more information or sign up at our November 8th General Meeting.

If you have any topics you would like to share during our General Meetings this year, email us at nagoyacceagmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:
November 8
Board Meeting:
November 15, December 13
Autumn Extra Event
November 22nd
Holiday Luncheon:
December 6th
Book Club:
November 11th
Photography Club:
TBA
Ikebana and Calligraphy:
November 23rd
Crochet and Turkish Oya
TBA

Restaurant Hunters
November 26th
Arts Club
TBA
Happy Hour Hunters:
November 15th
Yamato-E:
November 10th and 25th
Day Trips:
November 19th
Kimekomi:
November 13th
Pilates:
November 11
Language exchange
TBA
Community Service
TBA

NOVEMBER BIRTHDAY ANNOUNCEMENTS

Mari 1st
Junko 19th
Sasha 2nd
Izumi 21st
Gloria 4th
Naomi 6th



CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

Meets: TBA 10.30-12:30
Place: Omur's house
For more information please contact:
Omur - omurjapan@gmail.com
Jean - jealo_zemper@yahoo.com

COMMUNITY SERVICE

The Volunteer Interest Group will be holding its first events in May. Be on the lookout for an email with detailed information and a sign up sheet.

Meets: TBA
Place: TBA

For more information please contact:
Crystal Davila nickcrys@sbcglobal.net

LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

Meets: : 11:00-noon, TBA
Place: Nagoya International Center

For more information contact:
Jenny Loveridge jenny.loveridge@gmail.com

BOOK & ART CLUB

“Beyond That, The Sea”

By Laura Spence-Ash

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, Nov 11th

Place: Aichi International Plaza 1st Floor Large Meeting Room
-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)
-Free parking spaces are available

For more information please contact:
Helen Saito: lanisaito@gmail.com
Shuuko Adachi: shuukosaku@gmail.com

HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: TBA

Place: Nov 19th

For more information please contact:
Yenling Chou: kenyachou123@gmail.com
Kerry Holdcroft: kpruce@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: Nov 23rd

Place: 10am

Fee: ¥2,200-2,380

For more information please contact:
Ikebana Class CCEA - FB Group

nagoyacce@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic. Class is limited to 3 persons.

Meets: Nov 23rd

Place: 11am

Fee: ¥1100

For more information please contact:
Calligraphy Class CCEA - FB Group

nagoyacce@gmail.com

YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

Meets: 10:30am-12:30, Nov 14th & 29th

Place: TBA

Fee: ¥300

For more information please contact:
Yoko Kodera: yokoyamatoe@i.softbank.jp

HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

Meets: 6:00pm-8:00pm, Nov 15th

Place: TBA

For more information please contact:
Gwyn Wilson:shadow.frau@gmail.com
Ayuko Horibe: iyoucoco@gmail.com

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

Meets: 10:30-11:30 Nov 11th

Place: Zoom

For more information please contact:
Misako Tamimoto:
lodgemigreens@hotmail.com

RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

Meets: 11am - 1pm, Nov 26th

Place: TBA

For more information please contact:
Samantha Brunner
samnkoon@gmail.com

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: 10:30-12:30, TBA

Place: TBA

For more information please contact:
Omur Certin: omurjapan@gmail.com

PHOTOGRAPHY

We enjoy photographing seasonal flowers, scenery and buildings somewhere in Nagoya City with your own senses and free ideas. All cameras welcome. Let's enjoy taking pictures and improve your camera skills!

Meets: 10am-noon, TBA

Place: TBA

For more information please contact:
Chihiro Okuno stepupchihiro@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.

Meets: 10am-noon, Nov 13th

Place: Jenny's House

For more information please contact:
Jenny Loveridge jenny.loveridge@gmail.com

SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

Meets: TBA

Place: TBA

For more information please contact:
Manya Shorr manyadanielle@gmail.com



BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at nagoyacce@gmail.com

NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
		Day trip All day			
4	5	6	7	8	9
				General Meeting 10:30 am-12:30pm	
11	12	13	14	15	16
Book Club 10am-11:30am Pilates 10:30-11:30		Kimekomi 10am-noon	Yamato-E 10:30 - 12:30	Board Meeting 10 am -12 pm Happy Hour Hunters 6pm - 8pm	
18	19	20	21	22	23
	Day trip All day			CCEA Autumn trip 9am - 4pm	Ikebana and calligraphy 10am -noon
25	26	27	28	29	30
	Restaurant Hunters 11am - 1pm			Yamato-E 10:30 - 12:30	

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Fumika Kusano
Program Coordinators:
 Wetty Tokuhisa, Samantha Brunner
 Crystal Davila
Membership Coordinators:

Financial Coordinators: Sakiko Kato
Administrator:
Marketing Coordinators: Kerry Holdcroft
Recruitment Coordinators:
Catering Coordinators:
 Naomi Hasegawa, Chihiro Okuno

We are looking for more Board Member in 2025

Contact us for more info:
nagoyacce@gmail.com