

General Meeting Topic

Welcome back! This month's General Meeting will be held at our usual meeting place - Aichi International Association

We will be meeting for the first time after the holiday, so I am sure there will be plenty of catching up with old friends and making new friends.

We will spend a short time introducing all of our fabulous interest groups. Then we will have time to chat and learn to play a variety of Japanese and international games. Finally we will be providing a light lunch for everyone to enjoy together.

Looking towards our October meeting we will be creating supply bags to donate to the YWCA. If you would like to make a 500 yen donation towards purchasing the items for the bags then please bring this to the September meeting.

Many thanks for your kind donations!

When and where:

10:30 - 12:30

Aichi International Association

Address:

2 Chome-6-1 Sannomaru, Naka Ward, Nagoya, Aichi 460-0001

Parking is available at AIA, but street parking is available near by as well.

Subway Station Nagoyajo Exit 5

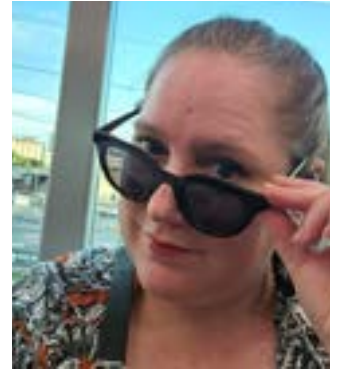
Guests:

Guests and children are welcome. Guest fee is 500 yen



Message from the Board Members

Hello,
returning and
new members!



Summer is changing to autumn, which means some extreme weather right now. I hope it calms down for next week's meeting.

I am excited to reconnect with each other and dive into an exciting season of CCEA with fun activities and events to continue our mission of creating a supportive community of women from different backgrounds who can come together to share experiences, foster friendships, and uplift one another.

Take a good look at the newsletter for the upcoming dates of meetings and special events.

We have a lot in store!

Let's enjoy our time together in Nagoya!

Gwyn

OCTOBER SNEAK PEEK!

Next month we will be having a guest speaker at our general meeting from the YWCA. They will share information about their charity, how our past donations have contributed to their work, their facilities that are available for public use and things we can get involved with in the future. After, we will build supply bags at the meeting to donate to the YMCA's .

If you have any topics you would like to share during our General Meetings this year, email us at nagoyaccea@gmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:

September 6, October 4, November 8

Board Meeting:

September 13,
October 11, November 15, December 13

Autumn Extra Event

November 22nd

Holiday Luncheon:

December 6th

Book Club:

September 2nd

Photography Club:

TBA

Ikebana and Calligraphy:

September 28th

Crochet and Turkish Oya

TBA

Restaurant Hunters

September 24th

Arts Club

TBA

Happy Hour Hunters:

September 13

Yamato-E:

September 12th

Day Trips:

TBA

Kimekomi:

September 18th

Pilates:

September 23rd

Language exchange

TBA

Community Service

TBA

JULY, AUGUST & SEPTEMBER BIRTHDAY ANNOUNCEMENTS

Ayuko 12/7

Kendra 2/7

Nadia 6/7

Naoko 20/8

Akiko 3/8

Chihiro 31/8

Wetty 8/8

Mayako 9/9

Suzanne 26/9

Vivi 4/9

Daniell 6/9



CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

Meets: September 20th 10.30-12:30

Place: Omur's house

For more information please contact:

Omur - omurjapan@gmail.com

Jean - jealo_zemper@yahoo.com

COMMUNITY SERVICE

The Volunteer Interest Group will be holding its first events in May. Be on the lookout for an email with detailed information and a sign up sheet.

Meets: TBA

Place: TBA

For more information please contact:

Crystal Davila nickcrys@sbcglobal.net

LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

Meets: : TBA 1:00-2:00

Place: Nagoya International Center

For more information contact:

Jenny Loveridge jenny.loveridge@gmail.com

BOOK & ART CLUB

“The sweetness of Water”

By Nathan Harris

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, Sept 2nd

Place: Aichi International Plaza 1st Floor Large Meeting Room

-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)

-Free parking spaces are available

For more information please contact:

Helen Saito: lanisaito@gmail.com

Shuuko Adachi: shuukosaku@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: Sept 28th

Place: 10am

Fee: ¥2,200-2,380

For more information please contact:

Ikebana Class CCEA - FB Group

nagoyacce@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught;

traditional, stylish, and artistic.

Class is limited to 3 persons.

Meets: Sept 28th

Place: 11am

Fee: ¥1100

For more information please contact:

Calligraphy Class CCEA - FB Group

nagoyacce@gmail.com

YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

Meets: 10:30am-12:30, Sept 12th & 27th

Place: TBA

Fee: ¥300

For more information please contact:

Yoko Kodera: yokoyamatoe@i.softbank.jp

HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: TBA

Place: TBA

For more information please contact:

Yenling Chou: kenyachou123@gmail.com

Kerry Holdcroft: kpruce@gmail.com

HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

Meets: 6:00pm-8:00pm, Sept 13th

Place: TBA

For more information please contact:

Gwyn Wilson:shadow.frau@gmail.com

Ayuko Horibe: iyoucoco@gmail.com

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

Meets: 10:30-11:30 Sept 23rd

Place: Zoom

For more information please contact:

Misako Tamimoto:

lodgemigreens@hotmail.com

RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

Meets: 11am - 1pm Sept 24th

Place: TBA

For more information please contact:

Samantha Brunner

samnkoon@gmail.com

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: 10:30-12:30, TBA

Place: TBA

For more information please contact:

Omur Certin: omurjapan@gmail.com

PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

Meets: TBA

Place: TBA

For more information please contact:

Chihiro Okuno stepupchihiroo@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.

Meets: 10am-noon, Sept 18th

Place: Jenny's House

For more information please contact:

Jenny Loveridge jenny.loveridge@gmail.com

SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

Meets: TBA

Place: TBA

For more information please contact:

Manya Shorr manyadanielle@gmail.com



BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at nagoyaccea@gmail.com

SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
Book Club 10am-11:30am				General Meeting 10:15am-12:15pm	
9	10	11	12	13	14
			Yamato-e 10am-noon	Board Meeting 10 am -12 pm Happy Hour Hunters 6pm - 8pm	
16	17	18	19	20	21
		Kimekomi 10am-noon		Crochet/Oya 10:30 am -12:30 pm	
23	24	25	26	27	28
Pilates 11am-1pm	Restaurant Hunters 11am-1pm			Yamato-e 10am-noon	Ikebana 10am-11am Calligraphy 11am-noon
30					

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Fumika Kusano
Program Coordinators:
 Wetty Tokuhisa, Samantha Brunner
 Crystal Davila
Membership Coordinators:

Financial Coordinators: Sakiko Kato
Administrator:
Marketing Coordinators: Kerry Holdcroft
Recruitment Coordinators:
Catering Coordinators:
 Naomi Hasegawa, Chihiro Okuno

We are looking for more Board Member in 2025

Contact us for more info:
nagoyaccea@gmail.com