

## September General Meeting

### Date & Time

Friday, September 8th from **10:00 a.m.** - 12:00 p.m.  
Check-in 9:45 p.m.  
Guests are welcome to attend, guest fee is 500 yen.

### Place

WillAichi

2nd Floor, Seminar Room 6

1番地 Kamitatesuginocho, Higashi Ward, Aichi 461-0016

### Program

#### September Social

It has been a long and very hot summer. This month we are getting together to reconnect and catch up from all our summer activities.

We will have light lunch with drinks.

*(There will be vegetarian, gluten-free, and no pork food available.)*

Let's hang out and catch up!

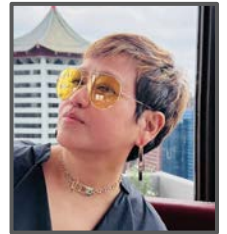
## IN MEMORY - YUMIKO KONDO

Earlier this summer, we received unfortunate news of Yumiko Kondo's passing. She was a part of CCEA from the beginning in 1982. She was a great organizer and leader. In the late 90's, she led the 'Talking about Life' group with Mary Kay Sapp. She was also an interest group leader for Day Trips from the early 2000s until 2015. She led the Discussions interest group until 2020. She also dedicated her time as a board member over the years and as vice president. Earning her place as a Star Member of CCEA after supporting the organization for over 15 years. Many of us have beautiful memories with her. She will be missed.

## MESSAGE FROM THE BOARD

Hello ladies,

First of all, welcome back to Nagoya for my friends who have just returned from summer vacation, and let's come back to be cheerful together, laugh heartily together.



It doesn't feel like it's been 1 year and 2 months since I returned to Nagoya in 2022. Time has gone so fast, and it doesn't feel like I have been spending day after day with CCEA colleagues since I joined in 2022 when I just arrived in Nagoya.

I joined various clubs that I was interested in, was active in various activities, and how much fun it was.

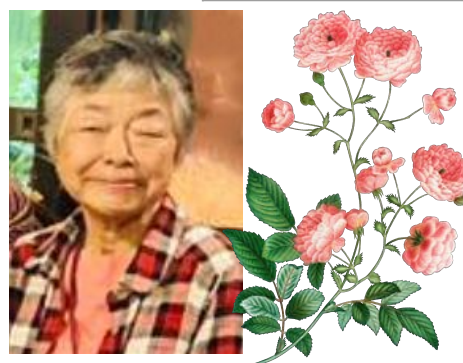
My name is Wetty Djundjunan Tokuhisa, just call me Wetty, and I'm from Indonesia. I live in Japan because I married a Japanese, but due to my husband's work, we don't always live in Nagoya.

After one year together with all my fellow members of CCEA, and spent our days together in various activities, I found that CCEA is the right place to socialize internationally in the city of Nagoya.

So,

Let's keep active and have fun so that our days will be fun!  
May CCEA always stay cool!

Love ~ Wetty



## SNEAK PEEK - October General Meeting

### Turkish Cooking

Our interest group leader Omur will be showing us some delicious dishes that we can learn to make together with history behind these foods.

We will be using WilAichi's cooking class room and Seminar 6 room for this event.

## SAVE THE DATE - IMPORTANT REMINDERS

### General Meeting:

October 6, November 10,  
December 1

### Board Meeting:

September 15, October 13,  
November 17, December 8

### Book Club:

September 4th

### Photography Club:

TBA

### Ikebana and Calligraphy:

September 9th

### Restaurant Hunters:

September 22nd

### Happy Hour Hunters:

September 15th

### Yamato-E:

September 14, 28

### Hiking and Trips:

September 27th

### Kimekomi:

September 20th

### Pilates:

September 11th

### Turkish Cooking/Crafts

TBA

## SUMMER AND SEPTEMBER BIRTHDAY ANNOUNCEMENTS

Michiko Mizuno	7/10
Ayuko Okuda	7/12
Marilyn Ingraham	7/24
Nadia Ito	7/6
Wetty Tokuhisa	8/8
Konoka Shiino	8/8
Aini Cut	8/30
Chihiro Okuno	8/31
Riuko Akita	9/5
Mariko Ueda	9/10



## ZOOM Information

### CCEA September 8th Zoom Meeting

Time: Sep 8, 2023 09:45 AM Osaka,  
Sapporo, Tokyo

Join Zoom Meeting

<https://us02web.zoom.us/j/86787609142?pwd=cnNQcUVwQW11aUd5Zit4MjRGTIA0dz09>

Meeting ID: 867 8760 9142  
Passcode: CCEA2023

### Call in by phone to the General Meeting

Dial by your location  
+1 301 715 8592 US (Washington DC)  
+81 363 628 317 Japan  
+1 438 809 7799 Canada

Meeting ID: 867 8760 9142  
Passcode: 09863154

Find your local number:

<https://us02web.zoom.us/j/keQsRB1fv>

### Zoom Access

#### Login via internet:

When logging in from your electronic device, remember to select audio using internet.

#### Dial-in via Phone

Select the phone number closest to your location. Enter the meeting id when requested. Then enter the passcode to enter the meeting to have audio access.

BOOK & ART CLUB

**“The House in the Cerulean Sea”**  
by TJ Klune.

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

**Meets:** 10am-11:30am, September 4th,  
**Place:** Aichi International Plaza 1st Floor Large Meeting Room  
-5-minute walk from Shiyakucho(City Hall)Station, Exit 5, (Meijo Line)  
-Free parking spaces are available

For more information please contact:  
Helen Saito: lanisaito@gmail.com  
Shuuko Adachi: shuukosaku@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together. Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

**Meets:** September 9th  
**Place:** TBA  
**Fee:** ¥2,200-2,380

For more information please contact:  
Ikebana Class CCEA - FB Group  
nagoyacce@gmail.com

HAPPY HOUR HUNTERS

Be on time with your glass of drink ready! Do you know who created the first Happy Hour? Are there any cultural differences in this drink culture? What is the Japanese Izakaya culture? ... you will also learn some easy finger food and cocktail recipes during our chit-chat Happy Hour.

**Meets:** 6:00pm-8:00pm, September 15th  
**Place:** TBA

For more information please contact:  
Gwyn Wilson:shadow.frau@gmail.com  
Ayuko Horibe: iyoucoco@gmail.com

DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

**Meets:** September 27th  
**Place:** TBD  
For more information please contact:  
Yenling Chou: kenychou123@gmail.com  
Kerry Holdcroft: kpruce@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic. Class is limited to 3 persons.

**Meets:** September 9th  
**Place:** TBA  
**Fee:** ¥1100

For more information please contact:  
Calligraphy Class CCEA - FB Group  
nagoyacce@gmail.com

YAMATO-E

A style of Japanese painting inspired by Tang dynasty paintings and fully developed by the late Heian period. It is considered to be the classical Japanese style. Beginners are welcome. Details will be sent to group members by email.

**Meets:** 10:30am-12:30, September 14th, 28th  
**Place:** TBA  
**Fee:** ¥300

For more information please contact:  
Yoko Koder: yokoyamatoe@i.softbank.jp

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

**Meets:** 10:30am, September 11th  
**Place:** Zoom

For more information please contact:  
Misako Tamimoto:  
lodgemigreens@hotmail.com

RESTAURANT HUNTERS

How we want to connect you more with all our senses: nose to smell the fragrance, mouth to savour each dish, eyes to appreciate each presentation and ear to listen to your exclamation!

**Meets:** September 22  
**Place:** TBD

For more information please contact:  
Yenling Chou: kenychou123@gmail.com  
Kerry Holdcroft: kpruce@gmail.com

TURKISH COOKING/CRAFTS

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

**Meets:** TBA  
**Place:** TBA

For more information please contact:  
Omur Certin: omurjapan@gmail.com

PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

**Meets:** TBA  
**Place:** TBA  
For more information please contact:  
Chihiro Okuno stepupchihiro@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.  
*For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.*

**Meets:** 10am-noon, September 20th  
**Place:** Jenny's House  
For more information please contact:  
Laura Vernon mslauravernon@gmail.com

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Do you have an activity you would like to share with other members? Please send us a description of the type of activity you would like to run to start the process.

For more information please contact:  
nagoyacce@gmail.com



## BABYSITTING POLICY

Each month the CCEA hires a number of babysitters from a professional company for our General Meetings and Holiday Luncheon based on the number of requests from our members and the ages of children. Due to their policy, regardless of cancellations, we are still responsible for paying them in full once we finalize our reservations by Monday at noon on the week of our general meeting. Contact us for reservations or questions at: [nagoyacce@gmail.com](mailto:nagoyacce@gmail.com)

**Please note: Cancellations made after noon on Monday the week of the meeting, will result in a ¥1,000 fee.**

## September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
<b>Book Club</b> 10am-11:30am				<b>General Meeting</b> 10am-noon
				<b>9</b> <b>Ikebana &amp; Calligraphy</b> 10am-noon
11	12	13	14	15
<b>Pilates</b> 10:30am-11:30am			<b>Yamato-E</b> 10:30am-12:30pm	<b>Board Meeting</b> 10am-noon
				<b>Happy Hour Hunters</b> 6pm-8pm
18	19	20	21	22
		<b>Kimekomi</b> 10am-noon		<b>Restaurant Hunters</b> 11:20am
25	26	27	28	29
		<b>Day Trips</b> 9:45am - 12:11pm	<b>Yamato-E</b> 10:30am-12:30pm	

## BOARD MEMBERS

**President:** Gwyn Wilson  
**Vice President:** Fumika Kusano  
**Program Coordinators:**  
 Naomi Hasegawa, Wetty Tokuhisa  
**Membership Coordinators:**  
 Gwyn Wilson, Rasita Craig

**Financial Coordinators:** Sakiko Kato  
**Administrator:**  
**Marketing Coordinators:** Kerry Holdcroft  
**Recruitment Coordinators:** Rasita Craig  
**Catering Coordinators:**  
 Naomi Hasegawa, Fumika Kusano

If you are interested in volunteering as a Board Member this year, please contact us for more info!  
[nagoyacce@gmail.com](mailto:nagoyacce@gmail.com)