

December Holiday Luncheon

Date & Time

Friday, December 2, from 10:30 a.m. - 2:00 p.m.
Check-in starts at 10am

Place

Hilton Nagoya
1 Chome-3-3 Sakae
Naka Ward, Nagoya
Aichi 460-0008
One O Five - 28th Floor

2022 Holiday Luncheon

Let's celebrate the holiday season and the fun times we had together this year!

We will have a lovely course meal in the One O Five banquet hall with sweeping views of the city. This year's special entertainment will be Sookyoku Seigensha Koto Music Company. We will also have a craft for everyone to make and take home; as well as, a small gift from CCEA.

Prior registration required.

Member fee: 6,500 yen

Guest fee: 7,000 yen



MESSAGE FROM The Board



My name is Tammy Jones and I'm from Kennedale, Texas USA. My husband's job brought us to Japan nearly 6 years ago. I have been a member of CCEA for 4 years.

My favorite groups are Restaurant Hunters, Happy Hour Hunters, Art club and Walking group. My very favorite CCEA activity is the bus trips where we visit new places & see new things. I have met many, many friends from around the world and have enjoyed every minute of it. I wish I'd known about CCEA when I first arrived in Japan. It would have saved me lots of headaches. The women of the group are valuable resources.

My time in Japan will end very soon but I have great memories of my CCEA adventures. Some CCEA friends will be life-long friends.

I hope you'll join them!

SNEAK PEEK - 2023



After our holiday luncheon we will take a break for the new year. We will meet together again for our first meeting of 2023 on February 3rd. We look forward to a new year full of wonderful programs and activities planned by our board members and interest group leaders. If you are interested in helping on the board for 2023 please contact us at nagoyacce@gmail.com



SAVE THE DATE - IMPORTANT REMINDERS

Holiday Luncheon: December 2

Book Club: December 5

Happy Hour Hunters: December 8th

Ikebana and Calligraphy: December 17

Pilates: December 12th

Photography Group: December 15th

Restaurant Hunter: December 12

Yamato-E: December 9th

DECEMBER BIRTHDAY ANNOUNCEMENTS

Naoko Koriyama 12/1

Setsue Asai 12/6

Yukiko Ochiai 12/9

Mieko Murase 12/21

Melissa Maxwell 12/22

Rasita Carol Craig 12/26



BOOK & ART CLUB

"The Island"

by Victoria Hislop

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, December 5

Place: Aichi International Plaza 1st Floor Large Meeting Room

-5-minute walk from Shiyakucho(City Hall)Station, Exit 5, (Meijo Line)

-Free parking spaces are available

For more information please contact:

Helen Saito: lanisaito@gmail.com

Shuuko Adachi: shuukosaku@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: December 17

Place: TBA

Fee: ¥2,200-2,380

For more information please contact:

Ikebana Class CCEA - FB Group

nagoyacceaa@gmail.com

HAPPY HOUR HUNTERS

Be on time with your glass of drink ready! Do you know who created the first Happy Hour? Are there any cultural differences in this drink culture? What is the Japanese Izakaya culture? ... you will also learn some easy finger food and cocktail recipes during our chit-chat Happy Hour.

Meets: 6pm-8pm, December 8th

Place: TBA

For more information please contact:

Gwyn Wilson: shadow.frau@gmail.com

Ayuko Horibe: iyoucoco@gmail.com

HIKING & TRIPS

This group will go on hikes a few times a year and go on walks at different parks around Nagoya. An organized day trip once a month. We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: TBA

Place: TBA

For more information please contact:

Yenling Chou: kenyachou123@gmail.com

Naomi Hasegawa: edelweiss@tim.hi-ho.ne.jp

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic.

Class is limited to 3 persons.

Meets: December 17

Place: TBA

Fee: ¥1100

For more information please contact:

Calligraphy Class CCEA - FB Group

nagoyacceaa@gmail.com

RESTAURANT HUNTERS

How we want to connect you more with all our senses: nose to smell the fragrance, mouth to savour each dish, eyes to appreciate each presentation and ear to listen to your exclamation!

Meets: December 12

Place: TBA

For more information please contact:

Yenling Chou: kenyachou123@gmail.com

Tammy Jones: twj813@gmail.com

PILATES

Pilates is a method of exercise that consists of low-impact flexibility and muscular strength and endurance movements. Pilates emphasizes proper postural alignment, core strength and muscle balance.

Meets: 10:30am December 12

Place: Zoom

For more information please contact:

Misako Tamimoto:

lodgemigreens@hotmail.com

YAMATO-E

A style of Japanese painting inspired by Tang dynasty paintings and fully developed by the late Heian period. It is considered to be the classical Japanese style.

Beginners are welcome.

Details will be sent to group members by email.

Meets: 10:30am-12:30pm, December 9th

Place: TBA

Fee: ¥300

For more information please contact:

Yoko Kodera: yokoyamatoe@i.softbank.jp

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: No December Class

Place: No December Class

For more information please contact:

Omur Certin: omurjapan@gmail.com

COVID PREVENTION SAFETY MEASURES

Our Interest Groups' Leaders are working hard to safely hold events this year.

It is the interest group leader's decision whether to hold an event or not.

Please respect and follow their safety requests while attending their events.

- Wear a mask, disinfect and wash your hands when arriving to the event.
- Avoid close contact with others.
- If you or anyone in your household have been sick, had a fever, or showing any symptoms (cough, sneezing, headaches, body aches, stomach aches, ect.) within the previous week do not attend. Please stay home.

Do you have an activity you would like to share with other members?

Please send us a description of the type of activity you would like to run to start the process. For more information please contact:

nagoyacceaa@gmail.com

PHOTOGRAPHY

Would you like to go out with your camera?

It doesn't matter if it's an SLR camera or a smartphone camera.

Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

Meets: 10am-noon, December 15

Place: TBA

For more information please contact:

Chihiro Okuno stepupchihiroo@gmail.com

nagoyacceaa@gmail.com



December

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
				Holiday Luncheon 10:30am-2:00pm
5	6	7	8	9
Book Club 10am-11:30am			Happy Hour Hunters TBA	Yamato-E 10:30am-12:30am
10	11	12	13	14
		Pilates 10:30 Restaurant Hunters TBA		
17	18	19	20	21
Ikebana and Calligraphy TBA				
24	25	26	27	28

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Sakiko Kato
Program Coordinators:
 Yenling Chou Sato, Fumika Kusano
Membership Coordinators:
 Gwyn Wilson
Financial Coordinators:
 Rachel Hyatt, Sakiko Kato

Administrator:
 Tammy Miller
Marketing Coordinators:
 Rachel Hyatt
Recruitment Coordinators:
 Fumika Kusano

If you are interested in volunteering as a Board Member this year, please contact us for more info!
nagoyaccea@gmail.com