



CCEA CROSS
CULTURAL
EXCHANGE
ASSOCIATION

January 2019 NEWSLETTER

GENERAL MEETING

When: Friday, February 1st

Time: 9:30am Registration
10:00am General Meeting
12:00pm Lunch TBD

Place:

Will Aichi Women's Center
1, Kamitatesugino-cho
Higashi-Ku, 461-0016

Email: nagoyaccea@gmail.com
URL: www.cceanagoya.com

Ready for the New Year? It's the Year of the Pig! Our February meeting will be a great way to get to know our CCEA Interest Group leaders, members old and new, while learning about what CCEA has to offer in 2018! Come along for a morning of laughter, snacks, and refreshments.

WHAT IS CCEA?

The Cross-Cultural Exchange Association "CCEA" was formed in 1982 as a non-profit organization dedicated to promoting cultural exchange, international understanding and friendships amongst women of all nationalities living in the Nagoya Area. Social activities, general meetings and special interest groups are some ways in which members develop friendships, discover the local community and learn about the rich cultural heritage of Japan and other countries.

Make the most of your time in Nagoya - come to our next General Meeting, learn something new, and make some life-long friends! We look forward to welcoming you into our multicultural organization.

Guests are always welcome at General Meetings, ¥500 fee.

MESSAGE FROM THE PRESIDENT

Hello Everyone!



I am honored to be CCEA's president this year. I am excited to be working with a great team of women who have many great ideas in mind. Together, we plan to have another great year filled with many memorable and cultural events. I have been part of CCEA for the past 2 years, and served on the board as program coordinator last year. I am Canadian, and my family and I have been in Japan for the past 2 years. We consider ourselves lucky to have the opportunity to be in Japan, and to experience the Japanese culture. I am a teacher and an educational textbooks author. I would like to work closely with board members, interest group leaders and CCEA members, while using the training, teamwork, diversifying and leadership skills that I have gained from leading various training sessions of different groups of people from different backgrounds for the past 15 years, to make CCEA more prominent not only in the Nagoya community, but on the national front, and to ensure its ongoing success from within.

I believe that when we do something because we want to do it, the results are that much better. And I can proudly say that the board members and I are on the CCEA board because we want to. Therefore, everything we do, we do it with great intentions, and because we genuinely want to see happy faces.

I look forward to seeing you all at the February 1st general meeting. It's going to be a great year!

Sincerely,
Sandra Skaf

DIRECTIONS

Subway: Ten minute walk east of Exit 2 of Shiyakusho (City Hall) Subway Station.

Railway: Eight minute walk south of Higashiote Station on the Meitetsu Seto Line.

Bus: Ten minute walk east of Nagoya Shiyakusho (City Hall) Bus Stop on the Key Route Bus Line.

Parking information: At Will Aichi, cost is ¥200 for every 30 minutes. There is coin parking west of the Will Aichi building, cost is ¥200 for every 30 minutes, with a maximum charge of ¥1,200 weekdays 8:00-18:00.

MEMBERSHIP

Kindly arrive at 9:30am to the General Meeting on Friday, February 1st, if you would like to register and/or pay your membership fees.

Membership spaces are limited, we will accept registrations and payments on a first come, first serve basis until all spaces are filled.

Please pay membership dues by February 15, 2019.

Annual Membership Fee:
¥5000 (E-mail monthly newsletter)

If you have any questions or would like the online registration link, please email: nagoyaccea@gmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:
February 1, March 1,
April 5, May 10, June 7

Book Club:
February 4 & March 4

Art Club: March 5

Ikebana: January 28 &
February TBD

Happy Hour Hunters:
February 15

Discussion:
January 28 & February 25

Community Service:
February 22

Restaurant Hunter:
February 22

Trips: February 28

Moms & Kids: February 23

Yamato-E: February 14 & 22

Kimekomi: February 27

Stretching & Tai Chi:
February 28

Cooking Class: February 13

Foreign Language Exchange:
TBD

Welcome Tea: February 25

Welcome Tea

When: Monday, February 25th

Time: 12:30pm-2pm

Place: Near Kamiyashiro Station

You are cordially invited to a Welcome Tea for brand new and potential members. Come along for an afternoon of laughter, fun, and meeting new friends.

Please RSVP:
nagoyaccea@gmail.com

SNEAK PEAK

March is the first month of spring and as a reflection on the recent Valentines and in celebration of the International Women's Day, as well as all things feminine and as a tribute to our true love - chocolate, we present our members with a small trip into the international world of chocolates.

You will get a chance to sample products from many different parts of the world, including some chocolates and wafers that came out of Russian chocolate factories.

As every chocolate has a story, we'll try and tell you some of them and will illustrate the stories with pictures from places, cities and art, that went into creating the wrappers and boxes.

We hope that this little trip down the chocolates sweet lane will help to shake the winter blues and make everyone happy and ready for spring.

Cheers!

BIRTHDAY ANNOUNCEMENTS

January

Sandra Skaf - 1/3
Takako Halasi-Mishina - 1/9
Yumiko Kondo - 1/12
Yukari Ichikawa - 1/15
Tammy Jones - 1/16
Masako Nishijima - 1/28
Gwyneth Wilson - 1/31



February

Cindy Perzuck - 2/2
Shuuko Adachi - 2/5
Hisako Kimura - 2/6
Makiko Nakatani - 2/9
Yōko Yamamoto - 2/15
Samantha Claybrook - 2/18
Masako Noda - 2/19
Kaori Yamaguchi - 2/20
Carolina Magalhães - 2/23
Haruka Ito - 2/26
Yuzue Okuma - 2/28



BOOK & ART CLUB

***A Man Called Ove* by Fredrik Backman**

Please don't worry if you haven't finished the book, come join in the discussion.

Events currently posted on the CCEA Facebook page.

Meets: 10am-noon, February 4,
1st Monday

Place: Aichi International Plaza,
1F, 2-6-1 Sannomaru, Naka-ku
(west side of the building, near the
cafe by the main lobby)

For more information please contact:

Helen Saito: lanisaito@gmail.com

Shuuko Adachi: shuukosaku@gmail.com

IKEBANA

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Volunteer sensei's teach the art of Japanese flower arrangements. Class is limited to 6 persons. Events currently posted on the CCEA Facebook page.

Meets: February TBD

Place: 8FL, Apt. 811, 1 Chome-3-14
Sawakami, Atsuta-ku, 456-0012

Fee: ¥1900

For more information please contact:

Carina Bessa: 90-9198-9017

Carinadasb@gmail.com

STRETCHING & TAI CHI

Tai Chi is a non-competitive martial art known for both its defense techniques and its health benefits. As an exercise, it comprises gentle physical movements and stretching with mindfulness. It has been shown to improve balance, fitness and flexibility. Please join us in order to enjoy good health at all times. Events will be emailed directly to members.

Meets: 10-11:30am, Thursday,
February 28,

Place: TBA

Fee: ¥300

For more information please contact:

Junko Sugimura: sgrad@mediacat.ne.jp

KIMEKOMI

A technique where a pattern is drawn and then cut onto a surface, such as a soft wood or smooth foam. Fabric is then placed over the pattern and tucked into the cuts using tools to create beautiful dolls, animals and ornaments. Class limit is 14 persons. Events currently posted

on CCEA Facebook page.

Meets: Wednesday, February 27,

Place: Near Kamiyashiro Station

For more information please contact:

Chris Wyckoff: christinwyckoff@gmail.com



YAMATO-E

A style of Japanese painting inspired by Tang dynasty paintings and fully developed by the late Heian period. It is considered to be the classical Japanese style. Beginners are welcome.

Meets: 10am-noon, February 14 & 22,
usually 2nd Thursday & 4th Friday

Place: TBA

Fee: ¥300

For more information please contact:

Yoko Kodera: 052-791-2809

yokoyamatoe@i.softbank.jp

MOMS & KIDS

Monthly playdate mostly geared towards children. Meet new friends, create crafts and exchange information.

Meets: Sunday, February 23,

Place: Snow festival at Morikoro Park
Events will be posted on
the CCEA Facebook page.

For more information please contact:

Takako Halasi-Mishina:

takako.m.halasi@gmail.com

Sumi Adams: sumi.isaiah@gmail.com

RESTAURANT HUNTER

Every month meet at a different restaurant in and around Nagoya, while enjoying great conversation and wonderful food! Events will be emailed directly to members.

Meets: 11:15am, February 22,

Place: "Fushimi" - Chinese/Asian cuisine,
historical building

For more information please contact:

Naomi Tsunehisa:

mps853jwl637@gmail.com

Yuko Sano: yucco424@yahoo.co.jp

TRIPS

A new day trip every month! Experience Japanese culture. Space is limited. Events will be emailed directly to members.

Meets: Thursday, February 28,

Place: Museums in Seto and paint
Maneki-Neko cats

For more information please contact:

Yenling Chou: kenyachou123@gmail.com,
80-3618-7994

Sandra Skaf: sandraskaf@hotmail.com

COOKING CLASS

Are you interested in learning how to make a different Japanese dish every month? Do you like other international cuisines?

Meets: 10:30-1:30pm, February 13,

Place: Near Sasashima-Raibu Station

Fee: ¥500 + cost of ingredients

For more information please contact:

Masako Noda: masakorose@hotmail.com

Priscila Tavares: pri.mtsilva@gmail.com



DISCUSSION

Members debate current and often controversial topics concerning all matters of society including politics, religion, social and economic interests. Events currently posted on the CCEA Facebook page.

Meets: 10am-noon, February 25,

Place: Aichi International Plaza,
1F, 2-6-1 Sannomaru, Naka-ku
052-961-8744 (west side of the building,
near the cafe by the main lobby)

For more information please contact:

Helen Saito: lanisaito@gmail.com

Yumiko Kondo: 090-3446-5543

FOREIGN LANGUAGE EXCHANGE

New! Many of our members speak different languages, therefore, participants will have the chance to explore sayings, salutations, words and short conversations in many different languages. Participants will meet over lunch. Each participant pays for their own lunch.

Meets: TBA

Place: Watanabe Restaurant in Osu

For more information please contact:
Yenling Chou: kenychou123@gmail.com,
80-3618-7994

HAPPY HOUR HUNTERS

Every month we will meet at a different location in Nagoya. Please join us for great conversation and a new experience. Spouses and other guests are welcome!

Meets: 5pm-7pm, Friday, February 15,

Place: TBA

For more information please contact:
Chris Wyckoff: christinwyckoff@gmail.com
Julie Lucchese: juliefort@mac.com

COMMUNITY SERVICE

A new interest group where members meet once or twice a month to help the Missionaries of Charity nuns in Ama-shi, with their soup kitchen as well as other tasks, and other organizations where CCEA members can volunteer their time to lend a helping hand to those in need.

Meets: 4:25pm-5:00pm, Friday, Feb. 22,

Place: Nakamura Park

For more information please contact:
Carolina Simas Magalhães:
carolsimasm@gmail.com

BABYSITTING POLICY

Each month the CCEA hires a number of babysitters from a professional company based on the number of requests from our members and the ages of children. Due to their policy, regardless of cancellations, we are still responsible in paying them in full once we finalize our reservations by Monday at noon on the week of our general meeting. Every year we lose money in babysitting fees due to last minute cancellations, money that could have been used for charity or activities.

Please note: Cancellations made after 12pm Mondays, will result in a ¥1,000 fee.

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
				General Meeting 10am-noon	
4	5	6	7	8	9
Book Club 10am-noon					
11	12	13	14	15	16
		Cooking Class 10:30am-1:30pm	Yamato-E 10am-noon	Happy Hour Hunters 5pm-7pm	
18	19	20	21	22	23
				Yamato-E 10am-noon Restaurant Hunter 11:15am-1pm Community Service: 4:25pm-5pm	Moms & Kids 11am-2pm
25	26	27	28		
Discussion 10am-noon Welcome Tea 12:30pm-2pm		Kimekomi 1:30pm-4pm	Stretching & Tai chi 10am-11:30am Trips 9:15am-5pm		

BOARD MEMBERS

President: Sandra Skaf

Vice President: Masako Noda

Program Coordinators:

Gaby Peel, Miyuki Takashima
Sakiko Kato, Gaele Bertrand

Membership Coordinators:

Micki Leggatt, Malinee Carnegie

Financial Coordinators:

Shoko Kato, Samantha Claybrook

Administrator: Carol Dufloth

Marketing Coordinators:

Annelise Blomdal, Sumiko Adams

Recruitment Coordinators:

Chris Wyckoff

Catering Coordinator:

Nao Geisler, Fanette Le Lann

