

MARCH NEWSLETTER



March General Meeting

We will gather to explore White Day, a Japanese holiday celebrated on March 14, and place it within a global cultural context. Traditionally a time for returning gifts of appreciation, White Day offers a meaningful opportunity to reflect on how different cultures celebrate gratitude, friendship, and connection. Together, we'll compare White Day with other romantic and friendship-focused holidays around the world, highlighting the many ways people express care and appreciation across cultures.

Following our cultural introduction, we will also celebrate International Women's Day with a fun and light-hearted gift exchange. Everyone is invited to bring a small gift valued at around ¥1000 that begins with the first initial of your name, this can be in English, Japanese, or your native language. Gifts do not need to be wrapped, as each participant will briefly introduce herself and her gift.

This activity is a joyful way to celebrate our diversity, creativity, and the spirit of generosity that connects women across cultures.

**General Meeting
March 6th 2026
Aichi International Plaza:
10:30am**

1st Floor Large Meeting Room

2 Chome-6-1 Sannomaru, Naka Ward, Nagoya,
Aichi 460-0001

5-minute walk from Nagoyajo Station, Exit 5
(Purple / Meijo Line)



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Book Club	3 Zumba	4	5 Yamato-e	6 CCEA General Meeting	7
8	9 Interest group Collaboration Day Trip & Photography	10 Kimekomi	11	12 Yamato-e	13 CCEA Board Meeting	14
15	16	17	18	19 Arts & Craft	20	21
22	23 Pilates Global Bites	24 Zumba Language Exchange	25 Restaurant Hunters	26	27 Hiking & Walking Happy Hour Hunters	28 Ikebana & Calligraphy
29	30 Porcelain Painting	31				

Spring in Japan signals the rice-planting season and a time of renewal, celebrated through festivals praying for a good harvest. Notable examples include the Hōnen Festival in Komaki City, famous for its fertility symbolism, and float festivals such as the Inuyama Festival and Tokoname's Spring Festival, where ornate floats are paraded through the streets. 🌸



Upcoming General Meetings

April 10th

Join us for a relaxing self-care experience

Create your own soothing bath salts while learning gentle ear massage techniques designed to support natural face shaping, deep relaxation, and overall well-being.

Take a moment to slow down, reconnect, and leave feeling refreshed inside and out.



Gina Mulcahy- March 10th
 Emma Patterson- March 16th
 Courtney Woods- March 19th
 Ayako Mano- March 27th

Member Spotlight



Shannon Young

Hello! My name is Shannon Young, and I've been living in Nagoya with my husband (and our dog!) for the past two years. Before moving to Japan, we spent three years in Milan, Italy. I've also lived in five different states across the U.S., which makes it hard to choose just one place to call home.

I love traveling and have had the chance to visit 25 different countries so far. In my free time, you'll usually find me reading, skiing, or convincing (sometimes forcing) my friends to sing karaoke with me. I truly enjoy being a member of CCEA and getting to know people from so many different cultures, and I'm really looking forward to sharing many fun activities with you all this year!



2026 Board Members

President:
Manisha Kundu-Nagata

Vice President:
Chihiro Okuno

Program Coordinators:
Shannon Young
Anglai Jimenez

Membership Coordinators:
Takeno Matsuda
Gwyn Wilson

Financial Coordinators:
Sakiko Kato
Kimberly Trevino

Catering Coordinators:
Naomi Hasegawa
Cholponai Kyrgyzbaeva

Marketing Coordinator:
Samantha Brunner

Administrator:
Gwyn Wilson

Recruitment Coordinator:
Wetty Tokuhisa

Are you ready to launch an impactful new group? Contact us for more details on turning your ideas into action!
Email: Nagoyacce@ gmail.com

Interest Group Directory

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Yamato-e

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Zumba

Ashley Conner
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Are you interested in becoming a board member? Please contact us for more information!

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