

CCEA

**Cross Cultural
Exchange Association**

**Issue 8
2025**

November NEWSLETTER

Sharing Gratitude & Ribbon Wreath Making

Thanksgiving is a time to slow down, share gratitude, and appreciate the connections that bring us together. We'll reflect on our blessings, exchange favorite Thanksgiving traditions, and celebrate the warmth and joy this season brings. It's a beautiful way to honor thankfulness and community as we head into the holidays.

Create your own ribbon wreath with instructor Judi Saburi! Ribbon wreath making is a fun and creative craft that uses ribbon, wire wreath forms, and a few simple techniques to create a beautiful decoration for any season or occasion. Instead of using flowers or greenery, the design focuses on the texture, color, and pattern of ribbons, layered, looped, or tied to form a full, festive wreath.



This simple, reusable craft is perfect for adding seasonal charm to your home. Since some ribbons feature a bit of glitter, we recommend dressing for a touch of sparkle.

Meeting Details:

November 7th 2025

**10:30am Aichi
International Plaza**

2 Chome-6-1 Sannomaru, Naka Ward,
Nagoya, Aichi 460-0001

1st Floor Large Meeting Room

5-minute walk from Nagoyajo Station,
Exit 5, (Purple / Meijo Line)



November

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Zumba	5	6	7 CCEA General Meeting
8	9	10 Book Club	11	12	13 Yamatoe	14 CCEA Board Meeting
15	16	17 Day Trip	18	19	20 Restaurant Hunters	21 CCEA Fall Trip
22	23	24	25 Arts & Crafts	26 Photography	27 Hiking & Walking	28 Yamatoe
29 Ikebana & Calligraphy	30					

For the most spectacular fall foliage around Aichi, head to Korankei. For a calmer stroll among autumn colors, try Tokugawa Garden or Jokoji Temple. By late November, winter light displays begin at Oasis 21, Hisaya Odori Park, and nearby shopping streets.



Upcoming General Meetings

DEC
5th

Holiday Lunch



Sasha MacPherson- Nov. 2nd
Gloria Nakane- Nov. 4th
Naomi Tsunehisa- Nov. 6th

Kitty Mann- Nov. 17th
Junko Kondo- Nov. 19th
Izumi Miura- Nov. 21st
Eliane Ueda- Nov. 26th

Member Spotlight



Natasha Medella

Hi!

I'm Natasha, a Brazilian artist and designer from Rio de Janeiro, now living in Japan for the second time. For over 20 years, I've worked in fashion and handmade arts, exploring upcycling and customization as creative ways to rediscover the beauty in what we already have.

My work is about more than reusing materials, it's about rethinking consumption and reconnecting with creativity in everyday life. I believe that creating with our hands teaches, inspires, and transforms the way we see the world, reminding us that renewal can begin with what's already in front of us.

2025 Board Members

President:
Manisha Kundu-Nagata

Vice President:
Chihiro Okuno

Program Coordinators:
Fumika Kusano
Sofie Franzén
Takeno Matsuda (Supporting)

**Membership
Coordinators:**
Takeno Matsuda
Gwyn Wilson

Financial Coordinators:
Sakiko Kato

Catering Coordinators:
Naomi Hasegawa

Marketing Coordinators:
Samantha Brunner

Administrator:
Gwyn Wilson

Recruitment Coordinators:
Vacant- Look for new
members , welcome guests
EN/JP

Are you interested in
becoming a board
member? Please
contact us for more
information!

nagoyacce@gmail.com

Are you ready to launch an impactful new group? Contact us for more details on turning your ideas into action!

Email: Nagoyacce@gmail.com

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