



# September NEWSLETTER

## Welcome Back Members!

Welcome back from summer break! We've missed you and can't wait to kick off a fun-filled season together. September's meeting will start with an introduction of CCEA and an overview of our interest groups. Then we'll enjoy some tasty finger foods while catching up, followed by a special Origami activity by Takeno-san. We'll wrap up with a few announcements about upcoming events.

We look forward to seeing everyone there!

September Meeting Location:

## 10:30am Aichi International Plaza

2 Chome-6-1 Sannomaru, Naka Ward, Nagoya,  
Aichi 460-0001

1st Floor Large Meeting Room

5-minute walk from Nagoyajo Station, Exit 5,  
(Purple / Meijo Line)

Coming in October...

## Tea Ceremony

Let's learn about the beautiful tradition of Japanese Tea Ceremony. From the graceful movements to the mindful preparation, every detail reflected harmony, respect, and tranquility.



# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Book Club	2	3	4	5 CCEA General Meeting	6
7	8	9 Kimekomi	10	11 Yamato-e	12 CCEA Board Meeting	13
14	15	16 Zumba	17 Day Trip	18	19 Happy Hour Hunters	20
21	22 Pilates	23	24 Restaurant Hunters	25 Hiking & Walking	26 Yamato-e	27
28	29	30 Language Exchange				

Welcome back from summer break! We're excited for an eventful fall ahead, filled with engaging activities and opportunities to connect



## Upcoming General Meetings

Oct.  
3rd

Tea Ceremony and  
Demonstration

Nov.  
7th

Thanksgiving Discussion

Dec.  
5th

Holiday Lunch



Mayako Shimizu- Sept. 2nd  
Riuko Akita- Sept. 5th

## 2025 Board Members

**President:**  
Manisha Kundu-Nagata

**Vice President:**  
Chihiro Okuno

**Program Coordinators:**  
Fumika Kusano  
Sofie Franzén  
Takeno Matsuda

**Membership  
Coordinators:**  
Courteney Woods

**Financial Coordinators:**  
Sakiko Kato  
Gwyn Wilson

**Catering Coordinators:**  
Naomi Hasegawa

**Marketing Coordinators:**  
Samantha Brunner

**Recruitment Coordinators:**  
Vacant- Look for new  
members , welcome guests  
EN/JP

**Administrator**  
Gwyn Wilson

Are you interested in  
becoming a board  
member? Please  
contact us for more  
information!

[nagoyacce@gmail.com](mailto:nagoyacce@gmail.com)

Hello!

My name is Takeno Matsuda, and I'm a program coordinator at CCEA. I was born and raised in Nagakute City, just east of Nagoya. Over the years, I've lived in Kyoto, Toyota, Lexington in the U.S., and Guangzhou, China. Now I'm back in Nagakute with my husband and our two teenage daughters (G12 and G11). This is my second time serving as a program coordinator. My first term was during COVID, when most activities were held online, so I'm really happy that this time we can meet in person.

I enjoy trying new foods, watching sitcoms, and playing games. I'm not very good at sports, but I go to the gym a few times a week to stay healthy.

I'm looking forward to meeting both new and returning members!

**Takeno Matsuda**

Are you ready to launch an impactful new group? Contact us for more details on turning your ideas into action!

Email: [Nagoyacce@gmail.com](mailto:Nagoyacce@gmail.com)

## Interest Group Directory

### Art Club

Shuuko Adachi  
[shuukosaku@gmail.com](mailto:shuukosaku@gmail.com)

### Arts & Craft

Natasha Medella  
[natashamedella@gmail.com](mailto:natashamedella@gmail.com)

### Book Club

Helen Saito  
[lanisaito@gmail.com](mailto:lanisaito@gmail.com)

Shuuko Adachi  
[shuukosaku@gmail.com](mailto:shuukosaku@gmail.com)

### Day Trips

Yenling Chou Sato  
[kenyachou321@gmail.com](mailto:kenyachou321@gmail.com)

### Global Bites

Samantha Brunner  
[Samnkoon@gmail.com](mailto:Samnkoon@gmail.com)

### Happy Hour Hunters

Gwyn Wilson  
[shadow.frau@gmail.com](mailto:shadow.frau@gmail.com)

Manisha Kundu-Nagata  
[manisha.kundu@gmail.com](mailto:manisha.kundu@gmail.com)

### Hiking & Walking

Yenling Chou Sato  
[kenyachou321@gmail.com](mailto:kenyachou321@gmail.com)

### Ikebana & Calligraphy

Mia Kojima  
[mia.kojima@icloud.com](mailto:mia.kojima@icloud.com)

### Kimekomi

Courteney Woods  
[cwoods319@gmail.com](mailto:cwoods319@gmail.com)

Sofie Franzén  
[saefranzen@gmail.com](mailto:saefranzen@gmail.com)

### Language Exchange

Chihiro Okuno  
[stepupchihiroo@gmail.com](mailto:stepupchihiroo@gmail.com)

### Pilates

Misako Tamimoto  
[lodgemigreens@hotmail.com](mailto:lodgemigreens@hotmail.com)

### Photography

Chihiro Okuno  
[stepupchihiroo@gmail.com](mailto:stepupchihiroo@gmail.com)

Sofie Franzén  
[saefranzen@gmail.com](mailto:saefranzen@gmail.com)

### Restaurant Hunters

Samantha Brunner  
[Samnkoon@gmail.com](mailto:Samnkoon@gmail.com)

### Yamato-e

Yoko Koderia  
[yokoyamatoe@i.softbank.jp](mailto:yokoyamatoe@i.softbank.jp)

### Zumba

Ashley Conner  
[ashleyvalencia\\_3@yahoo.com](mailto:ashleyvalencia_3@yahoo.com)